

DISCOVER

TOUCH FOR HEALTH

In a highly interactive atmosphere

With Mary Huggins in 2008 - 2009

Level 1	April 11-13	Round Rock, TX
Level 1	May 2-4	Round Rock, TX
Level 1	June 27-29	Round Rock, TX
Level 1	Aug. 1-3	Jarrell, TX
Level 2	Oct. 11-12	Jarrell, TX
Level 3	Jan. 23-25	Jarrell, TX
Level 4	March 7-8	Jarrell, TX

Hear What Your Body Has To Say

Touch for Health (TFH), developed by John F. Thie, D.C., is a brilliant synthesis of recent Western discoveries and ancient Chinese medicine. It is a system with a philosophy that incorporates the essentials of Applied Kinesiology and made accessible to lay people. TFH also lays the foundation for many of the advanced kinesiologies at a professional level.

What You Will Learn

Muscle Testing and Specific Hands-on Techniques that will:

- *Accelerate recovery from illness and injuries.*
 - *Reduce or eliminate many different kinds of pain such as headaches and backaches.*
 - *Increase energy and release physical and emotional pain and tension.*
 - *Uncover hidden causes of many health problems.*
 - *Quickly and measurably improve posture, strength, flexibility and athletic performance.*
 - *Improve left/right brain integration and enhance learning abilities*
- Much practice time is included to integrate head knowledge with hands-on skills working with real people.**

Prerequisite

A willingness to share and learn in an open, professional, supportive environment.

Prices

\$300.00 each for Levels 1,2,3 (Early Bird Special \$250.00 due 4 weeks before Class Date)

\$250.00 for Level 4 (Early Bird Special \$200.00 due 4 weeks before Class Date)

\$100.00 each for Review of any Level

Price Includes Class Manual, TFH Certificate and other materials. CE credits add \$5.00 per level.

Mail \$50.00 deposit or entire fee (made out to: Mary Huggins). Refundable until two weeks before Class.

Your Instructor

Mary Huggins taught for 21 years in Texas public school systems. She has been studying various kinesiologies and massage since 1998. Mary loves finding interesting new ways to present materials and ideas. Her teaching style is 'involved', 'hands-on', with patient rephrasing of the more challenging material. Mary is fun-loving yet very dedicated to her work.

Continuing Education Certification

Mary Huggins is a certified Touch for Health Instructor, registered with the Touch for Health Kinesiology Association (TFHKA). TFHKA is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider. TFHKA is also an approved continuing education provider for Registered and Licensed Practicing Nurses in most states (For details: go to: www.tfhka.org or call 1-800-466-8342)

Class size is limited

Minimum 6 participants. Maximum 10 participants.

Location

Touch The World Kinesiology Center
Round Rock, Texas and Jarrell, Texas (near Austin)

For Further Information

Mary Huggins (512) 255-4019 MaryFHuggins@AOL.com www.TouchTheWorld.info

Mail application form and Early Bird fee or \$50.00 Deposit to: Mary Huggins
PO Box 1923
Round Rock, TX 78680

TOUCH FOR HEALTH Application form

Register me for: **LEVEL** 1 2 3 4 **Dates** _____

Name _____
Address _____
City/State/Zip _____
Phone & Email _____

Make check payable and send application to: Mary Huggins, PO Box 1923 Round Rock, TX 78680
